



AFTER SCHOOL PROGRAM

How ASP works

Our After-School Programme (ASP) at A-JIS provides a series of engaging activities every weekday after school between 15.30 – 16.45 that:

- › Continue to help our young people learn through thought and action.
- › Continue to help develop communication in English and collaboration with others.
- › Develop leadership, creativity, empathy and fair-play.



ASP also offers the chance for our young people to develop the attributes that align with our core values:

◇ Global Leadership:

Opportunities to develop responsibility, understand how to be a good leader and also a good supporter; develop commitment and empathy.

◇ Entrepreneurship and Innovation:

A context in which to apply skills, think differently about what we do, make suggestions and follow through.

◇ Effective Problem Solving:

Sharing in developing a great activity; considering the issues within our activities.



◇ Effective Communication:

Further develop English skills and other forms of communication in a variety of contexts.

◇ Wise Risk-Taking:

Trying new activities and new experiences within those activities.

OUR TEAM

ASP Coordinator - Alex Cervantes

I'm Alex and am excited to join the Aoba community. Aligning with the schools core values, my goal as ASP coordinator is to ensure that all our classes are run in a safe, fun environment and to organise special culminating events that showcase our students achievements. I am an active sports enthusiast who started a youth sports program in central Tokyo for basketball and volleyball. I also have several years of coaching experience at a high school, middle school and elementary school level for both basketball and volleyball.

This is going to be a great year and look forward to what we can achieve together with teamwork and open communication.

'Whether you think you can or you can't, you're right' - Henry Ford

Athletics Director - Nico Dhuez

As Athletics Director (AD), I oversee all aspects of our athletics program, including scheduling, budget preparation, promotion, compliance and facility use. The AD collaborates with other ADs and coaches in leagues about scheduling issues as well. They also speak with league officials about subjects such as setting and adapting league rules.

Nicolas Dhuez: Football

Mr. Nico is fluent in French, English and Japanese as well as being certified in the following: by UEFA (B Licence), DEF (French Diploma delivered by the French Federation of Football), Coever Youth Certificat, JFA Diploma Level D and JFA Referee Diploma Level 4. Coaching Background: Nico has been coaching in Japan at A-JIS (U6-17 since 2014) and FC Nomade (U6-15 since 2013) having previously coached U6-U17 at FC Chiyoda (3 years) and U6/8-U12 at Lycée Français International, Tokyo (8 years), Brighton FC UK (2 years) and RC Paris (3 years).

Nico's football career included playing for FC Metz and FC Paris in France and Brighton FC in England amongst other professional teams. Notably, his first professional contract in football was at the age of fourteen.

Phil Smiler: Basketball

Has 5 children (aged between 24 and 15) whose sport of choice while growing up has been basketball. This has been a major reason for his involvement in basketball over the years. The majority of his coaching experience has been in high schools and his children and the teams he has coached have enjoyed some success in the sport they love.

Coaching Background: Phil has been coaching children of all ages (primary, intermediate, and high school aged students) for the past 19 years in New Zealand. Phil has been the Head Coach in three different high schools. Melville High School, Church College of New Zealand, and Morrinsville College. He has also had the role of Director of Basketball at Melville High School. The teams that he has led as Head Coach between 2005-2017 included Senior Girls and Senior Boys teams of three schools reaching high up in national tournament levels including champions.

Satoko Iida:

Dance

Ms. Satoko studied choreography and directing in New York and Las Vegas. She worked on numerous productions for dance companies worldwide including the Shiki Theater Company, Takarazuka Kagekidan and Tokyo Disney Land.

Faye Balugo:

Kinder Learning Centres

Ms. Faye is a Kinder specialist for our ASP. She facilitates Kinder Learning Centers and Jungle Play. She has been in the education field since she first arrived here in Japan eight years ago. She is proud and happy to be a part of the first school years of many children who have been under her care at A-JIS. Ms Faye received her Bachelor's Degree in Nursing in the Philippines, but changed her career path when she arrived here in Japan. She is a certified in Japan as a first aider.

I love working with children especially in the younger years. My work expands in different areas. For example, I work with 3-4 year old students as a teacher assistant. I teach Saturday School in other AOBA campuses. Last, I facilitate classes in Summer Camp.

Makiko Kuroda:

Kinder Learning Centres

Hello, my name is Makiko and I'm in charge of Learning Centers and Jungle Play. I spent over 10 years working in Early Childhood Education with children from 6 months to 6 years old and also worked at some Japanese kindergartens and a music school as a eurhythmics teacher. Now I feel that my true passion is working with kinder age children and can provide a safe and relaxed environment after a day in class with creative and nature-oriented activities.

I have rich experiences to help children develop in all areas, physically, intellectually, emotionally and socially. I look forward to you joining our program!

Mrs Ahn:

Kinder Learning Centres

Hello! My name is Ahn Jeong. I am currently a K4 teacher assistant. I have been working with children for more than 25 years. I enjoy seeing them bloom and grow into strong individuals. It makes me feel proud and full of joy. On weekends, I teach English lessons at my local church. My favorite hobbies include traveling, gardening, and camping. I was born and raised in Korea. I've lived in England, New York, L.A, Hawaii and Germany. I finally moved to Japan in 1985. I speak Korean, Japanese, and English. I consider Japan as my final home.

Lizzie Howard:

Youth Theatre

Ms Lizzie graduated from the Queensland University of Technology with a Bachelor of Creative Industries (Drama)/ Bachelor of Education (Secondary) in 2010. She is an experienced drama teacher and a very passionate believer in the importance of the Arts in education. Lizzie is also an active performance practitioner in Tokyo. She has directed for Tokyo Theatre for Children and Tokyo International Players Youth for the last two years and been involved on stage in various productions since moving to Tokyo four years ago. Lizzie will run our ASP activity: Youth Theatre.

Eliza van Kan:

Instrumental Music

Ms Eliza is our PYP music and instrumental teacher. She comes from Baltimore, Maryland in the US where she played piano and trombone in her university's ensembles. She also was a coach and accompanist for elementary and middle school instrumentalist and choirs in the greater Baltimore county region. Outside of academics, Ms. Eliza was a music director for a number of community theater groups and has enjoyed directing singers and instrumentalists in productions such as Little Women and 13. Last year, Ms. Eliza lead the ASP Beginning Band and ASP Concert Band twice a week. Members of the groups had the opportunity to participate in community events such as the Nerima Universal Orchestra and the Olympara Music Concert, and other international school events such as the KPASS Solo and Ensemble Festival, KPASS Jazz Festival, and KPASS Middle School Honors Band.

Nobuhito Koike:

Handbells

Mr Koike graduated from Kunitachi College of Music and majored in Trombone.

A-JIS is his third school to teach in after receiving a Bachelor of Music and Teachers Certificate. He started teaching at A-JIS in 1999 and opened the Handbell Choir in 2004.

A-JIS Handbell Choir has been invited to perform at many Concerts in History. They were invited to Tsutaya in Daikanyama for the Christmas Season and “Oly Para Concert” held at Hikarigaoka Ima hall this school year. Koike san has also belonged to the Suginami Community Orchestra for many years and he plays 1st Trombone. He is always happy being with students and looking forward to seeing the progress in music through the ensemble.

Shinobu Yasunaga:

Taiko Drums

Ms. Yasunaga is an expert teacher of Japanese drums (Taiko) and has an important teaching role with the Japan Taiko Association. She has twenty years experience of performing with the drums and teaching young people. She coaches Taiko at A-JIS, other high schools and for her own team. You will often see her and her group performing at summer festivals, Bon Odori, and for residents in nursing homes. If you are interested, please come and see her play!

Mrs Joanna Tomaszewska:

Library Council

Ms. Tomaszewska is a certified librarian. She graduated from The Faculty of Information Studies, University of Toronto, Canada and worked for Canadian Broadcasting Corporation. After moving to Europe she started working for Wroclaw International School located in her beautiful hometown Wroclaw. After eight years of being a teacher-librarian in WIS she decided to explore Asia. She is passionate about reading and claims, that an academic success is rooted in love for books.

Simon deBoer:

Digital Media

I'm Simon, working as a designer/marketing assistant and art assistant in the art department at A-JIS. I have a bachelors in Visual arts (painting, sculpture) and in creating visual media. My interests lie in the cross between the two fields and how design can change the way you think, work and make an impact.

David Dobryden:

Coding & eSports

Mr. Dobryden has coding experience that involves teaching curriculum with Scratch, Scratch Jr., and Lego WeDo to international schools in Tokyo, as well as Arduino basics in a Los Angeles makerspace. He has worked closely with several organizations in the US to develop eSports programs that focus on building skills akin to those a student would learn in a more traditional sport. He has also taught a variety of digital skills classes that deal with Google apps, keyboarding, and a wide range of programs useful for academic productivity.

ACTIVITIES

Football

- › At each level of this activity, we aim to create a safe and fun environment where players, regardless their nationality, can improve their football skills and enjoy the game
- › In the football activity, we make development a priority by raising the level of confidence and self-esteem of players while preserving their great personalities. We also aim to continue their education through a sports activity by teaching them fundamental values such as passion, respect, progress, humility, teamwork etc.
- › Advance players to achieve sports excellence by offering high quality training based on french training methods
- › Give the opportunity to foreign players to play football in Tokyo, and to young japanese players to join an international atmosphere.
- › Build a competitive international team in Tokyo that achieves results while mixing up the french culture and the one from the country of the rising sun
- › All kids will be part of competition such as HJSL league for U8,U9,U10,U11,U12 and tournament as well as having the opportunity to play in the Secondary Kanto Plains Association tournament.

Basketball

Through the medium of basketball we can learn valuable lessons such as commitment, dedication, discipline, loyalty, team work, goal setting and hard work. It is important to put forward players' best effort and that they challenge themselves to work through adversity. Students will take the lessons they have learnt from doing their very best in the sport of basketball and translate those lessons and energies into being successful and happy people as they continue to move forward throughout their lives.

Volleyball

Volleyball is one of the most popular sports in the world and a very important sport in the Japanese culture. The sport is so popular because it teaches communication, teamwork, confidence, and finally respect for others, all while having fun. Our team, depending on the number of players, will be divided into MYP A, B, and C level teams based on ability and experience. There is room for everyone. For any DP, or older girls, games will be scheduled depending on the number of players, but they will be able to practice whenever a practice is held.

Dance

In the sessions, students will learn how to dance to the rhythm and will learn dance techniques from all genres. Through our dance club, students will learn important life skills such as how to play hard and work hard. Dance training for young people develops courage and a positive outlook embellishing hopes and dreams. Let's have fun together!

Multi-Sport Project

Multi-Sports Project is a program where learners can improve their physical skills at their own pace. Indeed, they will have the chance to practice more than 12 different physical activities, such as swimming, track and field, badminton... target their own goal and find the way to reach it. Learners will be supervised by qualified coach in order to help them reach their full potential.

How does it work:

Learners can choose to integrate the program from 1 day to 3 days a week according to their age group. Then they will follow the IB PE program of A-JIS. They will have the chance to practice 12 different sports through the year (blocks of three weeks). Learners will improve their technical skills and monitor their improvement.

Handbells (There are three different levels in Handbell Club).

Beginner's Handbell Club

Gr.1 - Gr.5 Ten children max

This is the class to learn ensembles with music bells at the beginning of the year. Learners will enjoy bells and learn basic bell technique and music theories through handbells.

Intermediate Handbell Club

Gr.2 - Gr.5 Ten children max

This is the class for those who were in Beginner's Handbell Club last year. Learners without experience in handbells are asked to join Beginner's Handbell Club.

Learners with high handbell skills will be nominated to Advanced Handbell Choir.

Advanced Handbell Choir

MYP/ DP students and nominated PYP students.

This is the class to learn ensembles through Handbells. Learners will learn higher techniques of handbell and music theories through the year.

Our Handbell Choir will be asked to perform at official school events and public events outside of school.

Taiko

What we cherish for the activity of Taiko are the following three points.

- › To make a good quality sound with a drum - play the drums with your heart.
- › Listen not only to yourself but also to the drums of others.
- › Learn the discipline and customs of playing.

There are many kinds of drums and various way to play them. Although you can't play a melody like a piano with taiko drums, playing drums in combination with various sounds and rhythms makes you feel very happy and satisfied. I want young people from all over the world to know and enjoy our traditional Japanese drums

Youth Theatre

Learners will develop theatre skills and confidence through engagement in drama workshops and performance opportunities. Throughout the year, learners will explore different styles of theatre and will have the opportunity to work with scripted texts and also devise their own original work. Learners will also develop important life skills such as teamwork, communication and empathy throughout engagement in this program.

Band

Beginning Band is for 4th grade learners and older who are just beginning to learn their instrument and more about music. We will develop our skill and musicality as an ensemble.

Concert Band is for students who have been playing an instrument for at least one year. Learners will develop their strengths as ensemble members and soloists while exploring a variety of repertoire. Students in grade 6 and older will have opportunities to perform outside of school in band festivals for international schools.

Library Council

In a nice atmosphere the learners will be: learning the Library database, helping with "Bookish Fridays" (every month we will be having a book fair), organizing library events like "Night in the Library", DEAR, displays etc. They will also have a chance to do their homework using the library.

Digital Design

How can the Digital Age be advantageous to creativity? By crafting websites, animation, graphics, and 3D modeling; creations very difficult with pen and paper. Students will use a plethora of tools to enhance their understanding of composition, critical thinking, and visual communication. Some examples include: TinkerCAD, Wordpress, Lego Digital Designer, SketchUp, Easely, and Inkscape.

Coding

Coding is a direct pathway to achieving competency in programming that ability. This year we will be introducing a BBT designed on-line programming course. Supported by ASP mentors the Digital teams will focus on AI programming. They will be introduced to the programming basics to acquire foundational knowledge as a prerequisite to designing and building automated model cars. . Using programs like Scratch, Code Academy, Twine, and Accelium, students can hone their know-how in experimentation, language, and computational thinking; there will also be robotics available to combine building and programming.

eSports

A rapidly growing industry that has captured the attention of gamers of all ages around the world. Organized gameplay helps to foster a variety of different qualities in students: good sportsmanship, collaboration, strategy, and teamwork. Gaming mentors will support nascent players with knowledge about tactics, cooperation and communication. Together everyone will build their skills through mediums such as League of Legends, Rocket League, Fifa, and Hearthstone.

