

AFTER SCHOOL PROGRAM



2019-2020



Aoba - Japan International School

Be the best you can be

A-JIS Core Values and ASP

ASP offers the chance for our young learners to develop the life skills that align with our core values:

Global Leadership: Opportunities to develop responsibility, understand how to be a good leader and also a good supporter; develop commitment and empathy

Entrepreneurship and Innovation: A context in which to apply skills, think differently about what we do, make suggestions and follow through.

Effective Communication: Further develop English skills and other forms of communication in a variety of contexts

Wise Risk-Taking: Trying new activities and new experiences within those activities

Effective Problem Solving: Sharing in developing a great activity; considering the issues within our activities.

ASP Blog

From the students, for the community

We will be launching an ASP blog to help share the wonderful moments happening during our classes. The students and teachers will be working closely together to keep you up to date with pictures and short articles.

<https://aoba-asp.blogspot.com/>



Secondary School ASP

Activities & Schedule

Schedule - *tentative schedule*

	Monday	Tuesday	Wednesday	Thursday	Friday
G6-G12	Basketball Taiko (Max 10)	Volleyball Coding Street Dance	Basketball Handbell Choir G6 Soccer	Theater G6-G12 Soccer Wind Ensemble Classical Ballet	G7-G12 Soccer e-Sports Volleyball Orchestra Concert Band

Activities shown may be cancelled if there are insufficient numbers.

Application Process

Application

Complete online application form by January 20th, 2020.

Families that do not want to continue with ASP should fill out the [Cancelation Form](#) by this day

Billing

An invoice will be sent out two weeks after the sign-up period.

Costs

This year we are structuring our fees dependant on the number of activities the students sign up for

Activity	Per week	Annual Fee
Basketball	2	¥55,000
Soccer	2	¥55,000
Volleyball	2	¥55,000
Wind Ensemble / Concert Band	1	¥30,000
Coding	1	¥30,000
Theater	1	¥30,000
Handbells	1	¥30,000
Street Dance	1	¥30,000
Ballet	1	¥30,000
DP Art	1	¥30,000
e-Sports	1	¥30,000

Note

- Families registering more than one child or choosing more than 1 activity will be granted 10% off the fees.
- Unfortunately, once registered, there will be **no refund**.
- Please note that this is a year commitment to a team/group or course.

Our Activities

Music

Taiko

What we cherish for the activity of Taiko are the following three points.

- To make a good quality sound with a drum - play the drums with your heart.
- Listen not only to yourself but also to the drums of others.
- Learn the discipline and customs of playing.



There are many kinds of drums and various ways to play them. Although you can't play a melody like a piano with taiko drums, playing drums in combination with various sounds and rhythms makes you feel very happy and satisfied. I want young people from all over the world to know and enjoy our traditional Japanese drums.



Wind Ensemble

Concert Band meets on Tuesdays and Thursdays and is for students who have been playing an instrument for at least two years. Learners will develop their strengths as ensemble members and soloists while exploring a varied repertoire. Students will have opportunities to perform outside of school in band festivals for international schools. Younger students with experience may petition to join the Wind Ensemble.

Advanced Handbell Choir - Gr 6- G12 and nominated PYP students

This is the class to learn ensembles through Handbells. Learners will learn higher technique of handbell and music theories through the year.

Handbell Choir will be asked to perform at official school events and public events outside of school.



Beginning Orchestra (Friday) - G3 and up. No limit

Beginning Orchestra is for 3rd graders and older who are just beginning to learn their instruments, including strings such as Violins, and more about music. The orchestra will learn separately for the first half of the year and then join with the beginning band for an enriching ensemble experience after the winter holiday. Students will be required to attend an extra lesson during a break once a week to get one-on-one coaching. If students do not already own a string instrument, they will need to rent one from an outside company.



Creative

DP Art

Art classes are project based and give the students a chance to really explore various art mediums and express creativity.

Students in middle school and high school will have the chance to display their artwork at the annual artscape show which involved all the international schools around Tokyo.

Street Dance - G6-G12

The students will be able to learn the basic foundation of dance movements to dance on the modern rhythm. The students will gain self-control, self-management, self-motivation as well as muscle coordination and flexibility to be a balanced person in both mental and physical.

Classical Ballet - G6-G12

Ballet is a basic foundation of all types of dance. With classical ballet training, the students can flexibly alter steps and styles to any dance forms. The students will also gain self-control, self-management, self-motivation as well as muscle coordination and flexibility to be a balanced individual in both mental and physical.



Youth Theatre - G5 and up

Learners will develop theatre skills and confidence through engagement in drama workshops and performance opportunities. Throughout the year, learners will explore different styles of theatre and will have the opportunity to work with scripted texts and also devise their own original work. Learners will also develop important life skills such as teamwork, communication and empathy throughout engagement in this program.

Coding

Digital discovery blog <http://bit.ly/AobaDigitalDiscovery>

Digital literacy is an important frontier that revolves around many types of technology: robotics, computer science, and the Internet. Coding is a direct pathway to achieving competency in that ability. Using sandbox kits such as Arduino and LEGO Mindstorms as well as programs like Scratch, Code Academy, and Made With Code, students are supported by coding coaches and encouraged to independently hone their know-how in experimentation, language, and computational thinking.





bsd | education

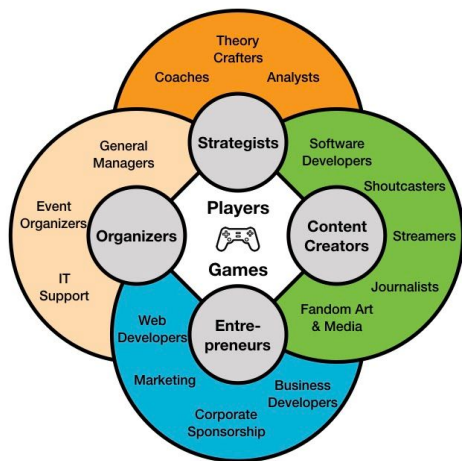
We are excited to announce that this year's ASP coding classes will offer BSD curriculum lessons.

BSD Stand for Build Something Different. BSD Wants every student to feel confident addressing today's problems with tomorrow's technology and feel empowered to "Build something different". For more information visit www.bsd.education

Students who complete the BSD lessons will receive a certificate of completion from BSD.

e-Sports G6-G12

A rapidly growing industry that has captured the attention of gamers of all ages around the world. Organized gameplay helps to foster a variety of different qualities in students: good sportsmanship, collaboration, strategy, and teamwork. Gaming mentors will support nascent players with knowledge about tactics, cooperation and communication. Together everyone will build their skills through mediums such as League of Legends, Rocket League, Fifa, and Hearthstone.



Sports

A-JIS Jaguars Sports

Student Athletes will get the opportunity to represent Aoba as we compete against other schools and clubs.

Football

- At each level of this activity, we aim to create a safe and fun environment where players, regardless of their nationality, can improve their football skills and enjoy the game
- In the football activity, we make development a priority by raising the level of confidence and self-esteem of players while preserving their great personalities. We also aim to continue their education through a sports activity by teaching them fundamental values such as passion, respect, progress, humility, teamwork etc.
- Advance players to achieve sports excellence by offering high quality training based on french training methods
- Give the opportunity to foreign players to play football in Tokyo, and to young japanese players to join an international atmosphere.
- Build a competitive international team in Tokyo that achieves results while mixing up the french culture and the one from the country of the rising sun
- All kids will be part of competition such as HJSL league for U8,U9,U10,U11,U12 and tournament as well as having the opportunity to play in the Secondary Kanto Plains Association tournament.



Tentative MS Soccer schedule. HS Soccer schedule will be shared at a later date

Game	Date	Day	Time	Venue
Aoba @ St Marys	September 7	Sat	9:00	St Marys
Aoba vs Nishimachi	September 14	Sat	10:00	Aoba
Aoba vs CAJ	September 21	Sat	9:00	CAJ
Aoba vs YIS	September 26	Thu	16:30	YCAC
Aoba vs KIST	September 30	Mon	17:00	Shin Koiwa
Aoba vs BST	October 1	Tue	17:15	BST
Aoba vs St Maur	October 7th	Mon	16:30	YCAC
Aoba @ ASIJ	October 19	Sat	9:00	ASIJ
Tournament	November 2	Sat	9:00	ASIJ

Volleyball

Volleyball is one of the most popular sports in the world and a very important sport in Japanese culture. The sport is so popular because it teaches communication, teamwork, confidence, and finally, respect for others, all while having fun. Our team, depending on the number of players, will be divided into MYP A, B, and C level teams based on ability and experience. There is room for everyone. For any DP, or older girls, games will be scheduled depending on the number of players, but they will be able to practice whenever a practice is held.



Tentative MS Girls Volleyball Game Schedule

Game	Date	Day	Time	Venue
Aoba @ BST	September 7	Sat	10:00	Aoba
Aoba @ Seisen	September 10	Tue	16:30	Seisen
Aoba @ TIS	September 14	Sat	TBD	St Maur
Aoba @ St Maur	September 14	Sat	TBD	St Maur Futaba
Aoba @ YIS	September 24	Tue	16:00	YIS
Aoba @ Nishimachi	September 26	Thu	17:00	Nishimachi
Aoba @ CAJ	October 2	Wed	17:00	CAJ
Aoba @ ASIJ	October 8	Tue	15:30	ASIJ
Aoba @ Sacred Heart	October 9	Wed	16:00	Sacred Heart
Tournament	October 26	Sat	9:00	ASIJ

Note: We need at least 7 players from middle school and 7 from high school to compete against other schools.

Basketball

Students will be taught the fundamentals of the game of basketball including individual and team based skills. Students will get that chance to put those skills in action as they partake in competitive games against other schools. Through the medium of basketball we can learn valuable lessons such as commitment, dedication, discipline, loyalty, team work, goal setting and hard work. Players will be challenged to work through adversity by putting forth their best effort. The lessons learned by giving their best on the basketball court translate

directly into being successful and happy people off the court as they continue to move forward throughout their lives.



Tentative MS Co-ed Basketball Game Schedule

Game	Date	Day	Time	Venue
Aoba @ YIS	November 28	Thu	17:30	YIS
Aoba @ St Maur	November 30	Sat	9:00	Futaba
Aoba @ NIS	December 3	Tue	17:00	Aoba
Aoba @ ASIJ	December 14	Sat	10:30	ASIJ
Aoba @ CAJ	January 21	Tue	17:00	CAJ
Aoba @ St Marys	January 25	Sat	13:00	St Marys

Tentative HS Boys Basketball Game Schedule

Game	Date	Day	Time	Venue
Aoba vs St Marys	November 27	Wed	17:30	St Marys
Aoba vs St Maur	January 22	Wed	18:00	YIS
Aoba vs YIS	January 22	Wed	18:00	YIS
Aoba vs ASIJ	TBD			
Aoba vs Kinnick	December 5	Thu	17:30	Aoba
Aoba vs Zama	December 12	Thu	17:30	Aoba
Aoba vs CAJ	January 14	Tue	17:00	Aoba
Aoba @ Kinnick	January 29	Wed	17:30	Kinnick
Aoba vs Yokota	February 1	Sat	10:00	Aoba

Your Team

Alex Cervantes - ASP Coordinator

Aligning with the schools core values, my goal as ASP coordinator is to ensure that all our classes are run in a safe, fun environment and to organise special culminating events that showcase our students achievements. I am an active sports enthusiast who started a youth sports program in central Tokyo for basketball and volleyball. I also have several years of coaching experience at a high school, middle school and elementary school level for both basketball and volleyball.

This is going to be a great year and look forward to what we can achieve together with teamwork and open communication.

Nico Dhuez - Athletics Director & Football coach

As Athletics Director (AD), I oversee all aspects of our athletics program, including scheduling, budget preparation, promotion, compliance and facility use. The AD collaborates with other ADs and coaches in leagues about scheduling issues as well. They also speak with league officials about subjects such as setting and adapting league rules.

Mr. Nico is fluent in French, English and Japanese as well as being certified in the following: by UEFA (B Licence), DEF (French Diploma delivered by the French Federation of Football), Coever Youth Certificate, JFA Diploma Level D and JFA Referee Diploma Level 4.

Nico has been coaching in Japan at A-JIS (U6-17 since 2014) and FC Nomade (U6-15 since 2013) having previously coached U6-U17 at FC Chiyoda (3 years) and U6/8-U12 at Lycée Français International, Tokyo (8 years), Brighton FC UK (2 years) and RC Paris (3 years). Nico's football career included playing for FC Metz and FC Paris in France and Brighton FC in England. Notably, his first professional contract in football was at the age of fourteen.

Lizzie Howard - Youth Theatre

Ms Lizzie graduated from the Queensland University of Technology with a Bachelor of Creative Industries (Drama)/ Bachelor of Education (Secondary) in 2010. She is an experienced drama teacher and a very passionate believer in the importance of the Arts in education. Lizzie is also an active performance practitioner in Tokyo. She has directed for Tokyo Theatre for Children and Tokyo International Players Youth for the last two years and been involved on stage in various productions since moving to Tokyo four years ago. Lizzie will run our ASP activity: Youth Theatre.

Eliza van Kan - Instrumental Music

Ms. Eliza is our MYP music and instrumental teacher. She comes from Baltimore, Maryland, in the US and plays piano and trombone. Members of the groups had the opportunity to participate in community events such as the international school events such as the KPASS Solo and Ensemble Festival, KPASS Jazz Festival, and KPASS Middle School Honors Band.

Jasmine Cho - Coding

Hello. My name is Jasmine and I am from South Korea.

I have over 15 years of experience as an early childhood & elementary & middle school students educator as an English translator/tutor for major Korean Corporations. I hold a black belt in Taekwondo and enjoy hiking and surfing in my free time. I am so glad to meet you and have you in class. Thanks.

Amos Irungu - Coding

My name is Amos Irungu and I am originally from Kenya. An energetic, enthusiastic teacher with unyielding commitment to educating children. I have worked closely with students for the last 4 years in the areas of Mathematics and coding. I look forward to this exciting journey of helping students acquire both academic and social growth.

Stuart Morris - DP Art

My name is Stuart Morris and I am originally from Canada. I have taught Visual Art for the past 6 years and am passionate about the subject. I look forward to working with the DP students to prepare them for a life in Art.

Aram Ibrahimi - e-Sports

Hi, I'm Aram Ibrahimi, I'm from Denmark Copenhagen. I speak three fluent languages. Kudish, Danish and English. I'm working in the EAL department and its been my second year in AJIS. I have a Bachelor degree in pedagogy as well as certified B1 Soccer Coach from DBU. I love to travel around the world and experiences and learn about different cultures. I love all kinds of outdoor activities, I enjoy seeing kids running around and having a blast outside.

Nobuhito Koike - Handbell Choir and Orchestra

Mr Nobuhito Koike is the PYP music teacher across three Aoba Campuses. He graduated from Kunitachi College of Music and majored in Trombone. A-JIS is his third school to teach in after receiving a Bachelor of Music and Teachers Certificate. He started teaching at A-JIS in 1999 and opened the Handbell Choir in 2004.

A-JIS Handbell Choir has been invited to perform at many Concerts in History. They were invited to Tsutaya in Daikanyama for the Christmas Season and "Oly Para Concert" held at Hikarigaoka Ima hall in last school year.

Mr. Nobu also teaches Violin with Suzuki Method textbooks. He is planning to open beginners Orchestra with Ms. Eliza this year. He belongs to the Sugunami Community Orchestra for many years and plays 1st Trombone.

Mr.Nobu is always happy with the students and looking forward to seeing the progress in music through the ensemble.

Shinobu Yasunaga - Taiko Drums

Ms. Yasunaga is an expert teacher of Japanese drums (Taiko) and has an important teaching role with the Japan Taiko Association. She has twenty years experience of performing with the drums and teaching young people. She coaches Taiko at A-JIS, other high schools and for her own team. You will often see her and her group performing at summer festivals, Bon Odori, and for residents in nursing homes. If you are interested, please come and see her play!

Nami Holderman: Street Dance & Classical Ballet

Ms. Holderman danced professionally with North Carolina Dance Theatre and Moving Poets in the USA where she has gained various genre of dance techniques. In prior to return to Japan, she was a professor at Point Park University taught pre-professional dance program in the US. She has a Masters of Education in Global mindedness where she studied links between dance and global leadership to be a balanced learner. Members of the group will have opportunities to participate in community events such as Nerima Sparkle and Collaboration performance with Tagara HS, as well as International Performing Arts Workshop in Polan during the Summer.

David Dobryden - Coding & eSports advisor

Mr. Dobryden has coding experience that involves teaching curriculum with Scratch, Scratch Jr., and Lego WeDo to international schools in Tokyo, as well as Arduino basics in a Los Angeles makerspace. He has worked closely with several organizations in the US to develop eSports programs that focus on building skills akin to those a student would learn in a more traditional sport. He has also taught a variety of digital skills classes that deal with Google apps, keyboarding, and a wide range of programs useful for academic productivity.

Bob Meyer - Volleyball Coach

My name is Bob Meyer. This is my 15th year at Aoba. I have taught grades 6, 7, 9, 5, and am currently in grade 4. I coached volleyball here at Aoba for 6 years and I am very excited to have the opportunity to do it again. Hopefully, we can be as successful as we were the last time I coached!! I look forward to seeing you at practice.

Julian Pedersen - Basketball Coach

Hailing from the United States Julian Pedersen was raised in Chicago and spent his college years at the University of Michigan. He has been coaching Youth basketball in both the USA and Japan since 2012. He has had a long standing passion for basketball as both a player and a coach and delights in the opportunity to share that love of the game with young athletes.

Let's have a great year everyone!!!