

# AJIS AFTER-SCHOOL PROGRAM



AUGUST 2021 - JANUARY 2022

## After-School Program 2021-2022 Information 2021-2022年度ASPプログラムご案内

### Semester 1 (8/30-1/21) 前期 (8/30-1/21)

We hope the school year will start off well soon for you and your family and look forward to welcoming your children back to Aoba. Although we intend to hold as normal an after-school program as possible, continuing efforts must be made to prevent the spread of any COVID-19 infections. We will therefore continue to monitor the situation in Tokyo/Japan. Please be aware that we may be required to cancel these activities if necessary. まもなく新学期が始まります。皆様いかがお過ごしでしょうか。新学年が始まった後でも、新型コロナウイルス感染拡大防止に努めなければなりません。引き続き国内、都内の新型コロナの状況を注視し、必要であれば、活動中止も余儀なくされることをご承知おきください。

Our activities offer the chance for our young learners to develop the life skills that align with our core values. As a way to do this, we encourage extracurricular activities after or before school which is our After-School Program (ASP). 私たちが提供する活動はアオバのコアバリューに沿って子供達がライフスキルを身につけられるよう考慮されています。そのための一つの手段として、放課後または始業前の課外活動を奨励します。

### A-JIS Core Values and our Activities アオバ コアバリューとアクティビティー

**Global Leadership:** Opportunities to develop responsibility, understand how to be a good leader and also a good supporter; develop commitment and empathy

**Entrepreneurship and Innovation:** A context in which to apply skills, think differently about what we do, make suggestions and follow through.

**Effective Communication:** Further develop English skills and other forms of communication in a variety of contexts

**Wise Risk-Taking:** Trying new activities and new experiences within those activities

**Effective Problem Solving:** Sharing in developing a great activity; considering the issues within our activities.

**グローバルリーダーシップ:** 責任感を育成し、優れたリーダーおよび優れたサポーターになる方法を理解し、コミットメントと共感を育みます。

**起業家精神と革新:** スキルを応用し、物事について異なる考えを持ち、提案を行い、遂行する状況を作り出します。

**効果的なコミュニケーション:** さまざまな状況で英語スキルやその他のコミュニケーション形態をさらに発展させます。

**賢明なリスクテイク:** 新しい活動に挑戦し、それらの活動を通して新しい経験を得ます。

**効果的な問題解決:** 優れた活動を共有して開発し、活動中に起こる問題を検討します。

Shoko Endo - Activities Coordinator  
コーディネーター 遠藤 尚子  
E-mail: [shoko.endo@aobajapan.jp](mailto:shoko.endo@aobajapan.jp)

## Application Process

### Sign-Up 申込み手順

Complete online [ASP Sign-Up form](#) by August 18, 2021.

サインアップフォームに記入して8月18日までに送ってください。

Trial - August 25 to August 31 トライアル期間は8月25日から31日です。

Families that do not want to continue with activities should send an email to Shoko Endo by September 2nd.

トライアルをしてみて継続が無理でしたら、9月2日までに遠藤までメールでお知らせください。

Shoko Endo: [shoko.endo@aobajapan.jp](mailto:shoko.endo@aobajapan.jp)

### Billing: ASP費用

An invoice will be sent out one weeks after the sign-up closes. Please pay by September 17th. Refund will not be accepted after you pay.

請求書が約1週間で送られます。9月17日までにお支払いください。お支払い後にキャンセルされても、返金はありません。

### Important Note: バスについての注意事項

There is a shuttle bus service to Hikarigaoka Station after the activities.

ASPが終わった後のバスは光が丘駅までのシャトルバスのみとなります。

## After School Program

### Timetable

ASP Timetable					
	Monday	Tuesday	Wednesday	Thursday	Friday
Kindergarten 15:45-16:45	Soccer Jungle Play Learning Center	Jungle Play Learning Center Music for Fun	Jungle Play Learning Center	Jungle Play Learning Center	Jungle Play Learning Center
G1 15:45-16:45	Soccer	Multi Sports Music for Fun	Street Dance Music for Fun	Lego Class Coding	Lego Class Coding
G2 15:45-16:45	Soccer	Soccer Multi Sports	Music for Fun Street Dance	Lego Class Coding	Lego Class Coding
G3 15:45-16:45	Street Dance	Soccer Multi Sports	Soccer Music for Fun Street Dance	Lego Robotics	Lego Class Coding
G4-G5 15:45-16:45	Street Dance	Soccer Primary Dance Concert Band	Soccer Basketball	Lego Robotics	Concert Band

G6 15:45-16:45	Boys Basketball Graphic design Street Dance	Primary Dance Graphic design Concert Band Volleyball	Soccer Basketball Graphic design	Soccer Volleyball	Soccer Irish Fiddle Concert Band
G7-9 15:45-17:00	Boys Basketball Graphic design	e-Sports Graphic design Concert Band Volleyball	Basketball Graphic design	e-Sports Soccer Jaguar Singers Volleyball	e-Sports Soccer Irish Fiddle Concert Band
G10-G12 15:45-17:00	Boys Basketball	e-Sports Volleyball	Basketball	e-Sports Jaguar Singers Volleyball	e-Sports

### Morning Programs (G6-G12), 7:10-8:10

We will offer morning classes for our dedicated students at school. These morning classes will follow the same safety protocols as school. The students are expected to take and submit their temperatures before their practice, wash hands/shower before going to their class. 始業前の活動もあります。普段の学校と同じ安全対策を取りますので練習前に体温を計り、手洗いやシャワーの後授業に参加します。

Morning School Programs					
	Monday	Tuesday	Wednesday	Thursday	Friday
G6				Basketball G6 Girls	Basketball G6 Boys
G7-G12		Voice Training for Singers	Voice Training for Singers Dance	Voice Training for Singers Basketball G6 -G9 Girls	Basketball G6-G8 Boys

Activities shown may be cancelled if there are insufficient sign-ups  
上記アクティビティーは必要人数に満たない場合はキャンセルになります。

### Activity Fee / once a week, for First Semester

Activity	1st Semester Fee
Concert Band	¥38,000
Voice Training	¥38,000
Irish Fiddle	¥38,000

Instrument Rental	¥5,000
Music for Fun	¥38,000
Street Dance	¥38,000
Logo Robotics	¥38,000
e-Sports	¥38,000
Graphic Design	¥38,000
Coding Lego Class	¥38,000
Primarily Dance	¥38,000
Dance	¥38,000
Soccer 1 day/week	¥38,000
Volleyball 1 day/week	¥38,000
Basketball 1 day/week	¥38,000
Jungle play/Learning Centre	¥ 35,000

## Note

- The above table lists the **Term** activity fee for one day per week per activity, so if you attend three times a week, you need to triple the Term fee listed. 上記は週1回の場合の費用ですので、もし3回活動すると3倍の費用になります。
- Once paid, there will be no refund. 入金後にキャンセルされても返金はありません。
- Please note that this is a term commitment to a team/group or course. グループでの活動ですから、特別な事情のない限り、参加は必須です。

### Soccer game schedule

Boys Soccer Middle School (Kanto Plains international school league), tournaments, friendly games, and for the youngest HJSL (Hikarigaoka junior soccer league) U8/10/12 categories.

Date	Opponent	Location	Time of the game
Sept 25th Saturday	CAJ	CAJ directly to CAJ	10:00
Oct 2nd Saturday	ASIJ	ASIJ directly to ASIJ	10:00
Oct 9th Saturday	TIS	Aoba	10:00
Oct 11th Tuesday	St Maur	St Maur YCAC by bus	16:30
Oct 13th Thursday	St Marys	St Marys	16:30
Oct 26th Tuesday	YIS	YIS YCAC by bus	16:30
Oct 28th	BST	BST	17:15

TBC	KIST	TBC	TBC
TBC	NISHIMACHI	TBC	TBC
Oct 30th Saturday	Final tournament	ASIJ	9:00

### Volleyball game schedule

Girls Volleyball Middle School (Kanto Plains, tournaments, friendly games)

Date	Opponent	Location	Time of the game
Sept 25th Saturday	St Maur	St Maur by train	12:30
Oct 2nd Saturday	Nishimachi	Aoba	10:00
Oct 5th Wednesday	ASIJ	ASIJ by bus	15:30
Oct 9th Saturday	BST/TIS	Aoba	10:00 BST / 11:00 TIS
Oct 23rd Saturday	CAJ	Aoba	10:00
Oct 26th Tuesday	YIS	YIS by bus	16:30
Oct 27th Wednesday	Seisen	Seisen by train	17:30
TBC	NISSH	TBC	TBC
Oct 30th Saturday	Final tournament	YIS/St Maur	9:00

## Activities Description and Instructor Introduction

### Jungle Play / Learning Center (By Aoba teachers)

### For Kindergarten

#### Jeong Hee Ahn

Hello! My name is Ahn Jeong. I am currently a K4 teacher assistant. I have been working with children for more than 25 years. I enjoy seeing them bloom and grow into strong individuals. It makes me feel proud and full of joy. On weekends, I teach English lessons at my local church. My favorite hobbies include traveling, gardening, and camping. I was born and raised in Korea. I've lived in England, New York, L.A, Hawaii and Germany. I finally moved to Japan in 1985. I speak Korean, Japanese, and English. I consider Japan as my final home.

#### Faye Balugo

Ms. Faye is a Kinder specialist for our ASP. She has been in the education field since she first arrived here in Japan eight years ago. She is proud and happy to be a part of the first school years of many children who have been under her care at A-JIS. Ms Faye received her Bachelor's Degree in Nursing in the Philippines, but changed her career path when she arrived here in Japan. She is certified in Japan as a first aid responder. I love working with children especially in the younger years. My work expands in different areas. For example, I work with 3-4 year old students as a teacher assistant. I teach Saturday School at other AOBA campuses. Last, I facilitate classes in Summer Camp.

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## **Makiko Kuroda**

Hello, my name is Makiko. I spent over 10 years working in Early Childhood Education with children from 6 months to 6 years old and also worked at some Japanese kindergartens and a music school as an Eurhythmics teacher. Now I feel that my true passion is working with kinder age children and can provide a safe and relaxed environment after a day in class with creative and nature-oriented activities. I have rich experience that allows me to help children develop in all areas, physically, intellectually, emotionally and socially. I look forward to you joining our program!

### **Music for Fun (By Mitsuyo Takeda)**

### **For Kinder - Grade 3**

It's very important to get in touch with music when you're small. This class is a good opportunity to experience that music is fun. Students will participate in a wide range of musical experiences including performance in a Christmas program, movement, games, singing and listening to various styles of music.

**Maximum number of students: 15**

### **Ms. Mitsuyo Takeda**

I studied music at Ueno Gakuen Uni. Tokyo, and Manchester City College, U.K. I received a diploma in popular music. I am a violinist with the Yokohama chamber music group. I am interested in teaching music to young people so I was teaching at the YAMAHA music school. I am conducting the rhythmic class for children now.

### **Coding Logo Class (By Amos Irungu)**

### **For Grade 1 - 3**

The introduction to coding begins with tactile learning as part of Computational Thinking. Students use LittleBits and LEGO blocks to physically practice skills in programming concepts like sequencing, events, and loops while engaging in teamwork and resolving challenges.

The next step in coding begins with engineering and robotics as part of the Design Process. Students use LittleBits and LEGO WeDo to express creatively, create, problem-solve, and construct simple programs through an accompanying app. Themed activities promote out-of-the-box thinking and explore real-world topics.

### **Mr. Amos Irungu**

My name is Amos Irungu and I am originally from Kenya. An energetic, enthusiastic teacher with an unyielding commitment to educating children. I have worked closely with students for the last 4 years in the areas of Mathematics and coding. I look forward to this exciting journey of helping students acquire both academic and social growth.

### Multi Sports (By Aram Ibrahim)

For Grade 1 - 3

Soccer, frees-bee, Badminton, tag games etc.

**Maximum Number of students: 12**

#### Mr. Aram Ibrahim

Hi, I'm Aram Ibrahim, I'm from Copenhagen, Denmark. I speak three fluent languages. Kudish, Danish and English. I'm working in the EAL department and it's my third year in AJIS. I have a Bachelor degree in pedagogy as well as a certified B1 Soccer Coach from DBU. I love to travel around the world and experience and learn about different cultures. I love all kinds of outdoor activities, I enjoy seeing kids running around and having a blast outside.

### Concert Band (By Ken Hakoda)

For Grade 4 - 9

Have you ever wanted to play an instrument? Concert band is a great place to learn new skills, make friends, and have life changing experiences. You can try out the different instruments (flute, clarinet, sax: alto/tenor, trumpet, French horn, trombone, and percussion) and choose the one that is right for you. Whether you already have experience or are a complete beginner, we have a place for you! If you do not have an instrument, you can rent one from the school for only ¥5,000. You will have the opportunity to perform for an audience every semester. Playing an instrument has been shown to improve academic success, increase confidence, reduce stress, and cultivate a strong work ethic. Plus, it's fun! If you are interested, sign up today.

**Maximum number of students: 40**

### Jaguar Singers (By Ken Hakoda)

For Grade 7 - 12

Do you like to sing? Do you like karaoke, Broadway musicals, or listening to the radio? Jaguar Singers offers a wide variety of musical experiences. Not only will you learn to perform, you will also learn techniques to become a skilled vocalist. The instructor, Dr. Hakoda, has past students who are currently working as professional musicians in New York City. Jaguar Singers is a great place to make friends while doing something you love. All abilities are welcome to join, so sign up today!

(If you are a member of Jaguar Singers, you are asked to sign up for **voice training once a week** in the morning. You will receive individual training to further develop your skills and talent. You can get extra help with the music for Jaguar Singers or work on solo performances.)

**Maximum number of students: 30**

#### Dr. Kensuke Hakoda

Dr. Hakoda is a new music teacher for A-JIS. Before arriving to A-JIS, Dr. Hakoda was a Music teacher, a professor of music and also a conductor of Symphony Orchestra and choirs in the United States. Many of his students are now music teachers and also professional performers all over the world. His education includes doctorate degree from Columbia



University, Master's degree from Wichita State University and Bachelor's degree from St. Olaf college.

Here is the video of his choir and orchestra

<https://youtu.be/Mg9dZVn92Qs> (choir)

<https://youtu.be/D2awQMftgtE> (orchestra)

## e-Sports (By Joshua Davis)



## For Grade 7 - 12

eSports is a lucrative industry that has captured the attention of gamers of all ages around the world. Organized gameplay helps to foster a variety of different qualities in students: good sportsmanship, collaboration, strategy, and teamwork. A gaming mentor will support nascent players with research about the multitude of jobs in the industry as well as cooperation and communication during gameplay. Together everyone will build their skills through mediums such as League of Legends, Fortnite, Hearthstone and multiple other games.

Gamers will also hone their presentation and video editing skills, as well as learn to be a good digital citizen, by taking on the mantle of a "Let's Play!" streamer. A Let's Play streamer documents the

play-through of a video game, usually including commentary or a camera view of the gamer's face. With parent's permission, a YouTube channel monitored by the mentor (comments and ratings will be turned off for all videos) will allow the students to show off their work and build their eSports portfolio for future scholarship opportunities.

### Scholarship Information

<https://www.ncsasports.org/college-esports-scholarships>

<https://www.scholarships.com/financial-aid/college-scholarships/sports-scholarships/esports-scholarships-scholarships-for-gamers/>

### Let's Play Examples

<https://youtu.be/pOex-TLJhcl>

<https://youtu.be/2ZWdqFNM22g>

**Maximum Number of students: 10**

### Mr. Joshua Davis

Mr. Davis is a Language and Literature teacher, but has a strong passion for competition and gaming. Through this passion, Mr. Davis has found that competing in eSports, as he has for

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over 12 years, can be an arena that *anyone* can perform in. This competitive drive has taken Mr. Davis to tournaments all throughout Asia and America and has helped to build strong relationships with members of different communities and organizations, Mr. Davis hopes to bring his knowledge, passion and unique skill set to Aoba's eSports program to build his athletes' skills and help prepare them for collegiate competition and beyond.

### Graphic Design (By Jaime Smith)

For Grade 6 - 9

Graphic design exists everywhere you look. Websites, apps, restaurant menus, billboards, and television shows all have a graphic designer present at some point of the creation process. It is a field that exists in nearly every industry and easily marketable skill in future careers. An experienced graphic designer will teach budding creators to recognize marketing patterns, understand design concepts, and guide them to creating their own projects and campaigns.

**Maximum Number of students: 10**

**Ms. Jaime Smith** is a graphic designer with over six years of experience with half of those years working in marketing departments for educational institutions. Her portfolio can be viewed at [jaimens.com](http://jaimens.com). She is very excited to lead students down the path of creativity.

### Irish Fiddle (By Tetsuji Muto)

For Grade 6 - 9

Children who have a violin and can play the instrument at the 1st position can join. We will practice easy pieces picked from Irish traditional dance tunes including polka, reels and jigs (<https://youtu.be/WH319nS9M-s>). We will also play mellow songs like ballads. We will target a group play in the spring carnival and the ASP show.

**Maximum Number of students: 12**

### Dr. Tetsuji Muto

Dr. Muto has a science background as a teaching professional for secondary and higher education, but had learned classical violin from G1 and belonged to an University Orchestra as a topside of the 1st Vn and top of the 2nd Vn. After graduation, he has years of experiences of amateur civic classic and pops orchestras. Then, he started joining gigs in Irish pubs as an amateur musician in Tokyo more than 3yrs until he lived in the US. He plays a blue-electric-5-string-fiddle and is ready to have fun with you!

### **Lego Robotics (By Jaime Bishop)**

**For Grade 3 - 5**

Legos is a great platform for learners of all ages to develop problem solving skills. The learners can be challenged in various forms to build some of the below skills:

- Following instructions
- Foster creativity
- Develop understanding of structures and buildings
- Improve fine motor skills
- Practice measuring, sorting, patterning

The young learners can then present their products to their peers and have them displayed for the school to admire.

### **Street Dance (By Hiroshi Ohashi)**

**For Grade 1 - 6**

This program focuses on helping students develop life skills through street dance culture based on the tenants below.

▪Raku 楽 : Have Fun!

Providing the right environment is key for DANCE to be fun. This starts with allowing students express themselves freely and creatively in a safe classroom setting.

▪Shu 守 : Respect the Basics

We respect the roots of dance culture by learning the basics. Students will develop a foundation in various street dance styles including Hip Hop, House, Popping and Locking.

▪Ha 破 : Create and Breakthrough We will cultivate creativity and individuality so that each student can choreograph their original dance and learn to freestyle based on previously learned movements.

▪Ri 離 : Share the Culture

We encourage our students to share the history and art of street dance culture throughout the world.

**Maximum Number of students: 20**

#### **Mr. Hiroshi Ohashi**

Hiroshi was born and raised in Shizuoka, where he started his dance career in high school after being influenced by hip hop music and culture. He then started to frequent club events and parties on the street scene and won his first house dance battle in 1999. In 2000, he moved to Tokyo and focused on performing and events organizing. Over the past ten years he has put his energy into teaching kids at the “Street Dreams” dance academy in Kamata.

### **Primary Dance (By Meagan Coleman)**

**For Grade 4 - 6**

Students will learn a range of dance styles and skills. They will learn set choreography and will be invited to perform at school events.

**Maximum Number of students: 15**

**Dance (By Meagan Coleman)****Wed. morning For Grade 7 - 12**

Students will learn a variety of different dance styles while learning choreography and stage skills. They will have opportunities to choreograph their own dances and learn choreography that they will showcase at various school events.

**Maximum Number of students: 15****Ms. Meagan Coleman**

I have a background in all things performing arts! I have been on stage performing since the age of 2 and love giving the students their chance to shine. I come from a performing arts school and enjoy choreographing and staging dances for competitions and performances. I have been working in the performing arts industry for the past 15 years running dance clubs and competition teams.

**Soccer (By Nico Dhuez)****For Kinder - Grade 9**

Coach Nico will help soccer players improve through online soccer training. Below are some of the skills the student athletes will learn.

Ball mastery - Learn how to manipulate and control the football. Build that relationship and be comfortable moving the ball with all surfaces.

Dribbling - Football is not played in straight lines so learn how to turn your body at speed with and without the soccer ball.

Quick feet - Develop a quick reflex action with anticipation to make the ball do what you want at speed.

Requirements - At least 2x2m clear space and a football.

**Maximum Number of students: 30****Mr. Nico Dhuez - Athletics Director & Football coach**

As Athletics Director (AD), I oversee all aspects of our athletics program, including scheduling, budget preparation, promotion, compliance and facility use. The AD collaborates with other ADs and coaches in leagues about scheduling issues as well. They also speak with league officials about subjects such as setting and adapting league rules.

Mr. Nico is fluent in French, English and Japanese as well as being certified in the following: by UEFA (B Licence), DEF (French Diploma delivered by the French Federation of Football), Coerver Youth Certificate, JFA Diploma Level D and JFA Referee Diploma Level 4.

Nico has been coaching in Japan at A-JIS (U6-17 since 2014) and FC Nomade (U6-15 since 2013) having previously coached U6-U17 at FC Chiyoda (3 years) and U6/8-U12 at Lycée Français International, Tokyo (8 years), Brighton FC UK (2 years) and RC Paris (3 years). Nico's football career included playing for FC Metz and FC Paris in France and Brighton FC in England. Notably, his first professional contract in football was at the age of fourteen.



AOBA-JAPAN INTERNATIONAL SCHOOL

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### **Volleyball (By Bob Meyer, Emily Milne)**

### **For Grade 6 - 12**

Volleyball is enjoyed all around the world and is recognised as one of the most popular non-contact sports to play and watch because it can be enjoyed by people of all ages and skill levels. The foundation of our team will be based on good sportsmanship, a positive attitude, communication and collaboration skills, all while having fun and supporting each other! Regular training will also strengthen the upper body, arms, shoulders, thighs, abdominals, and lower legs. In addition, volleyball improves hand-eye coordination, reflexes, and balance. Students will be divided into A, B, and C level teams based on ability and experience, so we can cater for those joining for a fun experience or for a competitive challenge. Females will have the opportunity to compete against other International Schools so commitment to after school and weekend tournaments will be expected. Males are welcome to join the training sessions and compete with Aoba students and teachers.

**Maximum Number of Students: 24**

#### **Mr. Bob Meyer**

This is my 17th year at Aoba. I have taught grades 6, 7, 9, 5, and am currently in grade 4. I coached volleyball here at Aoba for 7 years and I am very excited to have the opportunity to do it again. Hopefully, we can be as successful as we were the last time I coached!! I look forward to seeing you at practice.

#### **Ms. Emily Milne**

Hi! My name is Emily Milne and I joined Aoba as a MYP teacher in January 2021. I have been teaching for 4 years and am deeply passionate about creating a safe and supportive environment for students to reach their full potential, develop meaningful relationships and grow both as individuals and team players. I strongly encourage anyone interested in learning or developing their sport and social skills to come and join as we can cater for all abilities. I look forward to developing a strong and passionate volleyball team and cheering for Aoba loud and proud during tournaments!

### **Basketball (By Julian Pedersen)**



### **For Grade 6 - 12**

Students will be taught the fundamentals of the game of basketball including individual and team based skills. Students will get that chance to put those skills in action as they partake in competitive games against other schools. Through the medium of basketball we can learn valuable lessons such as commitment, dedication, discipline, loyalty, team work, goal setting and hard work. Players will be challenged to work through adversity by putting forth their best effort. The lessons learned by giving their best on the basketball court translate directly into being successful and happy people off the court as they continue to move forward throughout their lives.

**Maximum Number of students: 20**



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### **Mr. Julian Pedersen**

Hailing from the United States Julian Pedersen was raised in Chicago and spent his college years at the University of Michigan. He has been coaching Youth basketball in both the USA and Japan since 2012. He has had a long standing passion for basketball as both a player and a coach and delights in the opportunity to share that love of the game with young athletes.