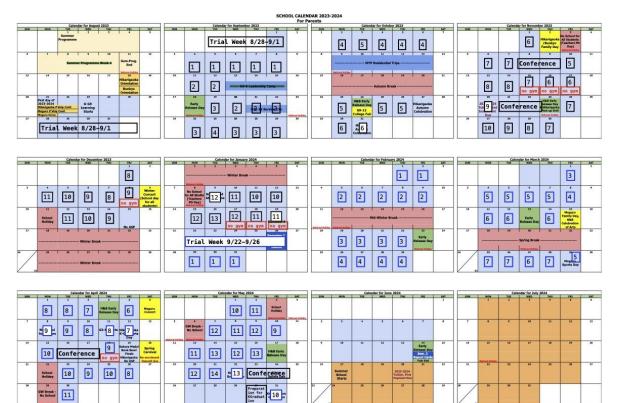


HIKARIGAOKA CAMPUS 7-5-1 Hikarigaoka 💡 Nerima-ku, Tokyo 179-0072 03-4578-8832 🖀

# AJIS AFTER-SCHOOL PROGRAM

ASP schedule dates:



#### Application Process Sign-Up 申込手順

Complete online <u>External ASP Sign-Up form</u> by September 15, 2023. サインアップフォームに記入して9月15日までに送ってください。

If you wish to cancel/change your session after sending the application form, please send an email to "<u>extension.programs@aobajapan.jp</u>". 申し込みフォーム送信後に、キャンセルまたは移動を希望される場合は、 <u>extension.programs@aobajapan.jp</u> にご連絡ください。

www.aobajapan.jp



We will send you an invoice to complete the procedure. Please join the session after your payment is confirmed.

請求書をお送りしますのでお手続き下さい。お支払い確認後のセッションからご参加下さい。

#### Billing: ASP費用

One session costs ¥ 50,000 1セッションにつき5万円 The amount billed will vary depending on the time of application. 申し込み時期によりご請求額が変わります。

Registration fee for the first-time participants in Aoba's program is 10,000 yen. 初めてアオバのプログラムに参加する方は登録料10,000円をいただきます。

Special expenses such as costumes and staging costs will be charged. 衣装、演出にかかる費用など特別な費用はご負担いただきます。

Note

- The above table lists the Semester 1 activity fee for one day per week per activity, so if you attend three times a week, you need to triple the Term fee listed.
  上記は週1回の場合の費用ですので、もし3回活動すると3倍の費用になります。
- Once paid, there will be no refund. 入金後にキャンセルされても返金はありません。
- Please note that this is a term activity; there isn't a make-up session if you are absent. グループでの活動ですから、欠席でも振替はありません

## **After School Program**

Timetable

ASP Timetable								
	Monday	Tuesday	Wednesday	Thursday	Friday			
Kinder 3 15:45-16:45		Hand Craft	Multi Sports /Jungle Play	Art/Craft				
Kinder 4 & 5 15:45-16:45	Soccer	Hand Craft	Multi Sports /Jungle Play	Art/Craft	Music for Fun			
G1 15:45-16:45	Soccer	Hand Craft Street Dance	Music for Fun	Art/Craft K-pop Dance Chess and Shogi	Music for Fun Pottery			
G2 15:45-16:45	Soccer	Board Game Street Dance	Music for Fun	K-pop Dance Chess and Shogi	Pottery			



G3 15:45-16:45		Science Club Board Game Street Dance Soccer	Music for Fun Soccer	Chess and Shogi Classical Ballet K-pop Dance	Board Game Pottery
G4 15:45-16:45	Ensemble	Board Game Science Club Soccer	Basketball Soccer	Board Game Classical Ballet	Board Game Street Dance
G5 15:45-16:45	Ensemble	Science Club Yokai News Guitar Practice Soccer	Basketball Soccer	Board Game Yokai News Classical Ballet	Street Dance Board Game
G6 15:45-16:45	Ensemble	Science Club Yokai News Guitar Practice Performing Art	Basketball	Yokai News Pottery [Full]8/18 Soccer Classical Ballet	Street Dance Soccer Performing Art
G7-12 15:45-16:45		Yokai News Guitar Practice		Yokai News Classical Ballet Pottery [Full]8/18	

Activities shown may be canceled if there are insufficient sign-ups

上記アクティビティは必要人数に満たない場合はキャンセルになります。 Some activities are already at capacity. すでに定員のアクティビティもあります。

# Activities Description and Instructor Introduction

### Multi Sports/Jungle Play / Hand Craft / Art & Craft (By Aoba teachers)

One of the teachers, Ms.Faye, is a Kinder specialist for our ASP. She has been in the education field since she first arrived here in Japan. She is certified in Japan as a first aid responder. She loves working with children especially in the younger years. Her work expands in different areas. She teaches Summer School and Camp.

Maximum number of students: 10

#### Music for Fun (By Mitsuyo Takeda)

It's very important to get in touch with music when you're small. This class is a good opportunity to experience that music is fun. Students will participate in a wide range of musical experiences including performance in a Christmas program, movement, games, singing and listening to various styles of music.

Maximum number of students: 10

#### For Kinder 4 - Grade 3

For Kinder 4 - Grade 1



#### **HIKARIGAOKA CAMPUS** 7-5-1 Hikarigaoka 💡 Nerima-ku, Tokyo 179-0072 03-4578-8832 🖀

Ms. Mitsuyo Takeda

I studied music at Ueno Gakuen Uni. Tokyo, and Manchester City College, U.K. I received a diploma in popular music. I am a violinist with the Yokohama chamber music group. I am interested in teaching music to young people so I was teaching at the YAMAHA music school. I am conducting the rhythmic class for children now.

**Pottery (By Borrvs Ferrick)** Let's have fun making various things using your imagination! Maximum number of students: 15

#### K-pop Dance (By Joy Radnich)

We will dance to older K-pop songs and learn the choreographies! Maximum Number of students: 15

**Board Game club (By Nao Yoneda)** 

We will play board games! Maximum number of students: 10

#### Chess and Shogi Club (By Danielle Nichols)

Delve into the captivating realms of both chess and shogi through interactive lessons and friendly matches. This after-school program cultivates critical thinking, sportsmanship, and a passion for learning in a fun and engaging way.

Maximum number of students: 10

#### Street Dance (By Hiroshi Ohashi)

This program focuses on helping students develop life skills through street dance culture based on the tenants below.

•Raku 楽:Have Fun!

Providing the right environment is key for DANCE to be fun. This starts with allowing students to express themselves freely and creatively in a safe classroom setting.

•Shu 守: Respect the Basics

We respect the roots of dance culture by learning the basics. Students will develop a foundation in various street dance styles including Hip Hop, House, Popping and Locking.

•Ha 破: Create and Breakthrough We will cultivate creativity and individuality so that each student can choreograph their original dance and learn to freestyle based on previously learned movements. •Ri 離: Share the Culture

We encourage our students to share the history and art of street dance culture throughout the world.

#### Maximum Number of students: 15

For Grade 2 - 5

For Grade 1 - 6

## For Grade 1 - 3



For Grade 1 - 3

For Grade 1 - 3



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#### Mr. Hiroshi Ohashi

Hiroshi was born and raised in Shizuoka, where he started his dance career in high school after being influenced by hip hop music and culture. He then started to frequent club events and parties on the street scene and won his first house dance battle in 1999. In 2000, he moved to Tokyo and focused on performing and events organizing. Over the past ten years he has put his energy into teaching kids at the "Street Dreams" dance academy in Kamata.

#### Science Club (By Sumika Maeda)

Students engage in ingenious and affordable experiments and hands-on activities and embark on thrilling journeys into the realms of physics, chemistry, biology, and more. Lots of hands-on activities are offered. Once students gain some experience, students can choose their own projects based on their interests and explore!

Maximum number of students: 10

#### Classical Ballet (By Nami Holderman)

Classical ballet is the foundation of all dance forms. Gaining an understanding of physical coordination and muscle strength will help dancers to move gracefully. The course is designed for all the aspiring dancers to learn basic skills and gain techniques in dance. Maximum number of students: 8

#### Ms.Nami Holderman

Nami began classical ballet training at the age of 5 with Matsuyama Ballet Company and continued her training with numerous teachers and studios throughout her life. In 1994, she moved to the USA to study dance and academics, receiving a B.A. in International Business and Psychology and later received a MEd in the Globalization of Education. During her years in the US, she studied ballet and modern dance under the tutelage of major dance mentors including Katherine Horn, Mary Anne Mee, Patricia Mc Bride, and Jean-Pierre Bounnefoux. In 1997, she received a scholarship from the Joffery Ballet School in NYC. From 1998-2000 she danced professionally with the North Carolina Dance Theatre, and from 1999-2000 with The Moving Poets. She has taught ballet and creative movement as well as choreographed for numerous ballet schools in the US, including as an adjunct professor at Point Park University of the Performing Arts in Pittsburgh, Pennsylvania from 2004 – 2013. Returning to Tokyo in 2013 she has been a Performing Arts teacher at Aoba-Japan International School. Nami is currently researching the link between EQ (Emotional Intelligence) and Dance through kinesthetic empathy.

#### Chamber Ensemble (By Mitsuyo Takeda)

Those who has your own violin / cello. 自分の楽器を持って来る ABRSM Gread2 and above (no certificate required, 証明書は必要なし) Suzuki method Level 3 and above If you are not at the level, I can still accommodate you.

#### For Grade 3 - 6

For Grade 3 - 6

#### For Grade 4 - 6





## Soccer (By Nico Dhuez)

Coach Nico will help soccer players improve through soccer training. Below are some of the skills the student athletes will learn.

## Ms. Mitsuyo Takeda

もしレベルに達していなくても対応するので大丈夫です

I studied music at Ueno Gakuen Uni. Tokyo, and Manchester City College, U.K. I received a diploma in popular music. I am a violinist with the Yokohama chamber music group. I am interested in teaching music to young people so I was teaching at the YAMAHA music school. I am conducting the rhythmic class for children now.

#### Yokai News (By Catala, M.)

Improve your English writing skills through creating a fictional news website about Yokai(妖怪) in Tokyo.

Maximum number of students: 10

#### Mr. M. Catala

I made a creative writing group at a previous school where I worked, that revolved around mysteries and ghost stories. I am aware of "yokai," I also know that the kids interact with the topic in manga and anime. I would like to make a creative writing group that together will make a magazine of yokai stories that the kids write, as if they are news stories.

#### Guitar Practice (By Hideo Takamizawa)

Learning to play your own favorite music on guitar. You would have fun playing the guitar by learning your favorite music. Please bring your own guitar.

**Maximum Number of students: 6** 

#### **Pottery (By Esther Yamada)**

Let's make things with clay! Maybe even try your hand at the electric wheel! Maximum number of students: 6 (due to electric wheels)

#### Performing Arts (By Ken Hakoda/Nami Holderman)

ASP Performing Arts is open to students from 6th grade and above, including Bunkyo students. Throughout the course, participants will engage in the creation and rehearsal of a performance for each semester, alongside other opportunities for public showcases like the Hikarigaoka Festival & Tsutaya Christmas Concert. Additionally, students will diligently prepare for KPASS (Kanto Plain Association for Secondary School) competitions in the fields of Drama, Music, and Dance. Classes will be held twice a week, subject to room availability. The instructors for this program are Ms. Nami and Dr. Ken.

## For Grade 6

For Grade 6 - 9

# For Kinder 4 - Grade 6

#### For Grade 5 - 9

# For Grade 5 - 9

# AOBA-JAPAN INTERNATIONAL SCHOOL

Maximum number of students: 6





Ball mastery - Learn how to manipulate and control the football. Build that relationship and be comfortable moving the ball with all surfaces.

Dribbling - Football is not played in straight lines so learn how to turn your body at speed with and without the soccer ball.

Quick feet - Develop a quick reflex action with anticipation to make the ball do what you want at speed.

Requirements - At least 2x2m clear space and a football.

Maximum Number of students: 30 each day

#### Mr. Nico Dhuez - Athletics Director & Football coach

As Athletics Director (AD), I oversee all aspects of our athletics program, including scheduling, budget preparation, promotion, compliance and facility use. The AD collaborates with other ADs and coaches in leagues about scheduling issues as well. They also speak with league officials about subjects such as setting and adapting league rules.

Mr. Nico is fluent in French, English and Japanese as well as being certified in the following: by UEFA (B Licence), DEF (French Diploma delivered by the French Federation of Football), Coerver Youth Certificate, JFA Diploma Level D and JFA Referee Diploma Level 4.

Nico has been coaching in Japan at A-JIS (U6-17 since 2014) and FC Nomade (U6-15 since 2013) having previously coached U6-U17 at FC Chiyoda (3 years) and U6/8-U12 at Lycée Français International, Tokyo (8 years), Brighton FC UK (2 years) and RC Paris (3 years). Nico's football career included playing for FC Metz and FC Paris in France and Brighton FC in England. Notably, his first professional contract in football was at the age of fourteen.

#### Basketball (By Troy Schnierer / Tatsuya Otake )

Students will be taught the fundamentals of the game of basketball including individual and team based skills. Students will get that chance to put those skills in action as they partake in competitive games against other schools. Through the medium of basketball we can learn valuable lessons such as commitment, dedication, discipline, loyalty, team work, goal setting and hard work. Players will be challenged to work through adversity by putting forth their best effort. The lessons learned by giving their best on the basketball court translate directly into being successful and happy people off the court as they continue to move forward throughout their lives.

Maximum Number of students: 20

#### For Grade 4 - 6